

Dear Friend,

I decided to do a little research for this year’s Father’s Day Blog.

My inquiry was informal and

 with people I knew.

The age range was 14 to 84 with

 every decade in between represented.

I decided I would use my subjects’ words

to give honor to fathers for this Father’s Day Blog .

I asked those in the study,

“**What** **three words describe your father?**”

The answers were remarkably insightful; they revealed

a true understanding of their fathers as well

as how their fathers appeared to others.

I then went through my research notes and

circled the qualities that seemed to be repeated most often.

 The results became

 **“The Beloved Father.”**

The words most mentioned were

“**kind, supportive, good-looking, honest,**

**calm, cool, collected, wise,**

**dependable, fun, loyal, and a role model.**

**Supportiveness** was mentioned repeatedly.

And I thought how wonderful that these once little ones remembered being boosted by their father’s shared “**wisdom and kindness.”**

Being a **role model,** often mentioned, encompassed a “strong and calm, cool and collected, and very kind” person.

As you might suspect, I really loved reading these heartfelt comments.

One of my favorite descriptors was **honesty.**

How appreciated to come home to your family world

and know a loving father will give you profound truths.

In a world that gives many opinions that often vary,

there stands dad who is always honest in a supportive way,

thereby leading his child in the right direction.

The people in this study repeatedly

defined a good dad as being

**“responsible,” “hardworking,” and**

**“loyal to his family.”**

As children of these fathers, they all

felt loved and appreciated.

They described their fathers as solid

people who were “**reliable,”** and “**loyal.”**

Some in this study mentioned that

their dads were good looking,

inspiring, and intelligent. All these

wonderful character traits

added up to the most repeated term

in this study: **a role model.**

Perhaps every word mentioned referred

to a good "**role model."**

What can be better than a father

who is **honest and caring,**

**supportive and selfless, yet**

**wise in manner?** Not much!

All the words mentioned showed a

nobility of character worthy of being

a son or daughter’s role model.

A role model who affects who and what

we become and the people we allow into our lives.

I think those in this study used words

 I would note to describe my own father;

he was hardworking,

loved his family, and valued education.

So, to all the Fathers out there,

please know your children will always

remember what you gave

to them as individuals,

love you for the “gift of you,” and

will carry the specialness you gave to them

throughout their lives.

Have a Happy Father’s Day, wonderful dad,

and always know how appreciated you are!

Much love,

 Helene

June, 2021